EMERGENCY KIT

An emergency kit is a collection of basic items your household may need in the event of an emergency. Your kit should have enough supplies for up to 72 hours and be easily accessible.

Below is a basic list of items you should have. For a more comprehensive list, please visit www.redcross.org

- ✓ Water (one gallon per person, per day)
- ✓ Non-perishable food
- ✓ First Aid Kit
- Flashlight
- ✓ Portable radio
- Extra batteries
- ✓ A whistle or mirror to signal for help
- Sanitation and personal hygiene items
- ✓ Family contact information
- Extra clothing and pair of sturdy shoes
- ✓ An emergency survival blanket
- ✓ Extra cash
- ✓ Prescription medication
- ✓ Multi-purpose tool
- ✓ Two way radios
- Copies of personal documents
 (i.e. passports, birth certificates, deed/lease to home, insurance policies)



Stay up to date with news, announcements, and information by following the UC Irvine Police Department on social media or visiting the links below!



Emergency Management Zot Portal Page http://police.uci.edu
Click on 'Emergency Management'



Emergency Management Blog http://sites.uci.edu/emergencymanagement/



UC Irvine Police Department Facebook http://facebook.com/UCIrvinePD



UC Irvine Police Department Twitter http://twitter.com/UCIrvinePD



UC Irvine Police Department Nixle
http://nixle.com/University-of-California-Irvine-Police-Department

Important Phone Numbers



Emergency

UC Irvine Police Department (24 hour business line) (94

(949) 824-5223

9-1-1

UC Irvine Automated Emergency Hotline (866) 478-6397 (866) IRV-NEWS

ZOT Radio (Traffic, Road Closures, Safety Updates, Emergency Information)

Radio 1690 AM





Emergency Preparedness for UCI Students



Preparing today for tomorrow's possibilities...



UC Irvine Police Department

I 50 Public Services Building Irvine, CA 92697-4900 (949) 824-5223 www.police.uci.edu



Natural disasters such as flood, fire, earthquake, tornado, and windstorm affect thousands of people every year. You should know what your risks are and prepare to protect yourself, your family, and community. Here are some basic tips and guidelines:

- Know your building's emergency plan.
- Know the evacuation assembly areas for your residence and classroom buildings.
 www.ehs.uci.edu/em/zonemap.html
- Identify two alternate ways to exit your room or apartment building.
- Locate the fire extinguishers and learn how to use them.
- Develop an emergency communications plan in case family members are separated.
- Have a communication plan with your family; know how to reach them.
- Enter your 'In Case of Emergency' (ICE) into your cell phone so emergency workers know who to contact in the event you're injured. (i.e. ICE-Mom (949) 824-5223)

Earthquake, 1-2-3



Whether in your home, a classroom, or a tall building, knowing how to protect yourself during an earthquake can save your life.

The Drop, Cover, and Hold method has been proven to reduce earthquake related injuries and death. Additionally, ensuring items around you home are securely fastened can also reduce chances of injury.

- ► Ensure mirrors and framed pictures are fastened to walls away from beds, couches, and anywhere people sit.
- ➤ Secure bookshelves, cabinets, TVs, and computers with earthquake fasteners.
- Do not stack bookcases or file cabinets.



- Fasten shelves securely to walls.
- Place large, heavy objects on lower shelves.
- Brace overhead light fixtures and top heavy objects.
- ► Store breakable items such as bottle foods, glass, and china in locked cabinets.
- ► Repair any deep cracks in ceilings.

After an Earthquake

Here are general guidelines on what to do after an earthquake. But remember, aftershocks may still occur, so be prepared to Drop, Cover, and Hold.

- When the shaking stops, look around to make sure it's safe to move, then exit the building.
- Help injured or trapped persons.
- Look for and extinguish small fires. Fire is the most common hazard after a quake.
- Listen to a battery-operated radio or television for the latest emergency information.

Student Roles & Responsibilities

- Review the UCI Emergency Procedures Chart police.uci.edu/UCI_EmerProc.pdf
- Know what to do in a campus emergency
- Know locations of the emergency blue light phones
- Sign up to receive zotALERT text messages www.oit.uci.edu/zotalert
- Work with your family and roommates to develop an Emergency Plan
- Have an emergency kit in your home and car