

# University California, Irvine

## Student Housing

### **An Intentional Residential Life Programming Model Designed to Achieve Learning Outcomes and Engage Community**

Providing opportunities for residents to connect socially and intellectually with one another as well as faculty and staff members through programs and activities lets students know that they matter. Students who feel they matter at an institution are more likely to persist and thrive than those who feel they are on the margins and not connected ( Schlossberg, Lynch & Chickering, 1989) . Integrating the academic experience with the residential community is when a transformative impact can occur in a students life ( Bonfiglio, 2004).

As professionals we acknowledge, anticipate and find creative ways to honor and address the developmental stages and resulting needs through which most of our residents will travel. As a result, our professional and paraprofessional staff may act as mentors, advisors, tutors, confidantes, sounding boards and at times seen as authority figures—assisting residents as they master stressors inherent in the college experience.

Transformation, engagement and ultimately graduation is what we strive for in our residential communities.

#### **Mission**

In fulfillment of Student Housing’s Vision to serve as a “Gateway to Success” for students throughout their education careers at UCI, the Residence Life Programming Model will provide opportunities for residents to reflect and improve upon aspects of personal importance, increase their capacity for engagement on the campus, and interact and learn from the diverse populations found within Student Housing communities.

#### **Model**

The four learning domains for this model were derived from UCI’s Student Affairs Student Learning Domains: Civic and Community Engagement, Leadership Development, Diversity & Global Consciousness, Administrative & Professional Skills and Personal Responsibility.

The program model offers our residents personal and academic growth opportunities which are measured against learning outcomes embedded within the model itself. In order to achieve these learning outcomes, the model melds a variety of theories and academic priorities into four specific learning domains: Leadership Development, Creating Connections, Personal Responsibility and Diversity & Global Consciousness.

#### **Leadership Development**

Leadership is not a position, rather a set of skills that can be developed in students. As community leaders, UCI students will address complex challenges, have confidence to address them and be accountable for their decisions.

#### **Creating Connections**

Finding a sense of belonging and feeling that you matter is important. These programs will focus on making a successful transition to campus (university) life. Connections are not limited to the campus and can be local, national, global or virtual.

## **Personal Responsibility**

Student's success is fostered by wellness and personal responsibility. Students' successful transition into global citizenship includes ethics and accountability, the ability to make healthy and responsible life choices.

## **Diversity & Global Consciousness**

UCI students will develop an understanding of and engage with a wide range of human diversity.

## **Learning Outcomes**

Each housing unit will create specific student learning outcomes for the four mentioned domains. Housing units will utilize the student affairs student learning outcome template to create learning outcome(s) for each domain.

## **Programming Model Implementation Plan**

The implementation of the Cross Programming Committee's Programming Model (PM) will entail the following.

- Implementation Time Line
- Professional Staff Training
- Student Staff Training

To assist in the administration of the time line and to properly document our effort a database and standard forms will be developed and used in each community.

- Program Proposal Form
- Program Evaluation Form

In order to keep this process fresh and relevant we aim to share best practices during our Residence Life Meetings.

### **Implementation Time Line**

July 18 – Share draft plan with Associate Directors of Residence Life. Collect feedback and redraft.

July 30 – Share draft plan with Residence Life Teams. Collect feedback and redraft.

August 3- Resend for final approval

August 22 – Train Professional Staff

September – Train Student Staff

Professional Staff Training:

- Discuss the History and the Development of the PM.
- o Cite sources and areas of inspiration.

- o Discuss the Learning Outcomes and their importance in assessing our efforts.
- o Show example calendar.
- o Walk through standardize forms.
- o Discuss assessment plan.

**Student Staff Training:**

- Each community must develop programming requirements that support the PM  
Train and discuss some of the theory/rationale behind the new PM

**Assessment**

Each housing unit will be creating at least one learning outcome for the four learning domains in this programming model. The housing unit, also has the discretion on how they will assess the programs facilitated in their unit. It is recommended that the units use measurement tools that were suggested at the Student Affairs student learning outcomes training.

The units will gather data on a quarterly basis to demonstrate learning in the four domains: Leadership Development, Creating Connections, Personal Responsibility and Diversity & Global Consciousness. At the end of the academic year, the quarterly data will be included in the units year end report.

In an effort to collect consistent data, the committee will be creating program & evaluation forms for all units to use. Efforts will also be made to create a programming database, that will house all the program types offered in student housing.

**Sample Programming Calendar:**

The calendar is sectioned according to type of student; First Year, Continuing Students, Graduate students and ALL. Included in the calendar are sample program ideas that fall under each learning domain. The **ALL** category designates programs or themes that are mandatory for all units to cover. The units have autonomy on how they would like to educate residents and measure learning. Information can be given to residents via active programming, passive programming, community builders, newsletters, social media, town hall meetings, etc. Programming is a planned activity with individuals or student groups that is theoretically based and has as its intent is the promotion of personal development and learning (Saunders & Cooper, 2001).

**Programming Definitions**

**Active Programs:** Programs that require student physical participation. These programs are education or social in nature and often have a facilitator or presenter.

**Passive Programs:** Programs that do not require physical interaction. They are most often education in nature (bulletin boards, newsletters, flyers, posters, social media).

**Community Builders:** Programs that bring together residents in a social or civic manner. They allow students to build connections around a common interest or sense of purpose.

This Programming Model was adapted & developed from research taken from several documents. SJSU-Living, Learning, & Belonging, The University of Texas at Austin- Residence Life Model ( 2011), CSU, Chico- CSU SUCCES Model; UC, Irvine- First Year Initiative ( 2005); UC, Irvine- Graduate Student First Year Initiative ( 2009)

	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	
<b>First Year Students</b>	<ul style="list-style-type: none"> <li>* Campus and Class tours of UCI</li> <li>* Welcome Week and Social Activities</li> <li>* FY Time Capsule</li> <li>* Academic Resource Fair</li> <li>* Mandatory Community Builder/Social Program</li> <li>* Clubs, Orgs and Greeks Fair</li> <li>* Alcohol and Drug Education</li> <li>* Community Sports Tournaments</li> <li>* Internurals</li> </ul>	<ul style="list-style-type: none"> <li>* Time Management</li> <li>* Transition to Campus</li> <li>* Faculty Relations (Groups)</li> <li>* Effective Study Groups</li> <li>* Academic and Campus Resource Fair</li> <li>* Social Activities</li> <li>* Beating Homesickness</li> </ul>	<ul style="list-style-type: none"> <li>* Healthy Eating</li> <li>* Money Management</li> <li>* Living with roommates/in a community</li> <li>* Managing Stress (</li> </ul>	<ul style="list-style-type: none"> <li>* Finals Stress Busters</li> <li>* Transition back to home</li> <li>* Alternative Spring Break/Community Service</li> </ul>	<ul style="list-style-type: none"> <li>* Goal Setting</li> <li>* Welcome back Social</li> <li>* Community Sports Tournament</li> <li>* Internurals</li> </ul>	<ul style="list-style-type: none"> <li>* Mental Wellness</li> <li>* Finding Motivation</li> <li>* Talent Shows</li> </ul>	<ul style="list-style-type: none"> <li>* Finals Destressors</li> <li>* Effective Study Skills</li> </ul>	<ul style="list-style-type: none"> <li>* Community Sports Tournament</li> <li>* Resume and Interview WS</li> <li>* Community Sports Tournament</li> <li>* Internurals</li> </ul>	<ul style="list-style-type: none"> <li>* Keystone Conference</li> <li>* Spring Carnivals</li> </ul>	<ul style="list-style-type: none"> <li>* Finals Stress Busters</li> <li>* Effective Study Skills</li> <li>* Transition to the Second year</li> <li>* End of the Year Banquets</li> </ul>	
<b>Continuing Students</b>	<ul style="list-style-type: none"> <li>* Social Activities</li> <li>* Goal Setting</li> <li>* Getting Motivated</li> <li>* Cooking 101</li> <li>* Community Sports Tournaments</li> <li>* Intramurals</li> </ul>	<ul style="list-style-type: none"> <li>* Academic and Campus Resource Fair</li> <li>* Alcohol and Drug Education</li> <li>* Study Skills and Tools Refresher</li> <li>* Major Confusion</li> <li>* Grad School Prep</li> </ul>	<ul style="list-style-type: none"> <li>* Money Management</li> <li>* Personal Values Clarification</li> <li>* Conflict Management</li> <li>* Resume and Interview WS</li> <li>* Depression</li> </ul>	<ul style="list-style-type: none"> <li>* Stress Management</li> <li>* Relaxation</li> <li>* Test Taking Skills</li> <li>* Alternative Spring Break/Community Service</li> </ul>	<ul style="list-style-type: none"> <li>* Learn about new Hobbies</li> <li>* Career and Intern Exploration</li> <li>* Social reconnecting activities</li> </ul>	<ul style="list-style-type: none"> <li>* Community Sports Tournament</li> <li>* Intramurals</li> </ul>	<ul style="list-style-type: none"> <li>* Sexually Transmitted Infections (STI) Awareness</li> </ul>	<ul style="list-style-type: none"> <li>* Career and Intern Exploration</li> <li>* Community Sports Tournament</li> <li>* Intramurals</li> </ul>	<ul style="list-style-type: none"> <li>* Cancer Awareness</li> </ul>	<ul style="list-style-type: none"> <li>* Transition to the next year</li> <li>* Transition through graduation</li> <li>* End of the Year Banquets</li> <li>* Finals Stress Busters</li> </ul>	
<b>Graduate</b>	<ul style="list-style-type: none"> <li>* Campus and Class tours of UCI</li> <li>* Introduction to Irvine/Orange County, Things to do in Orange County, US Idioms and Slang</li> </ul>	<ul style="list-style-type: none"> <li>* Library Tour.</li> <li>* Managing Academic Demands,</li> </ul>	<ul style="list-style-type: none"> <li>* Contract Process</li> <li>* Community Thanksgiving Dinner,</li> </ul>	<ul style="list-style-type: none"> <li>* Deans Series</li> <li>* Coffee House</li> <li>* Stress Management</li> </ul>	<ul style="list-style-type: none"> <li>* Financial wellness</li> <li>* Stalking Awareness</li> </ul>	<ul style="list-style-type: none"> <li>* Panel Series</li> </ul>	<ul style="list-style-type: none"> <li>* Job Search</li> <li>* Women's History</li> </ul>	<ul style="list-style-type: none"> <li>* Skin Cancer Awareness</li> <li>* Happiness</li> </ul>			
<b>All</b>	<ul style="list-style-type: none"> <li>* Hispanic Heritage Month (9/15-10/15)</li> <li>* National Preparedness Month</li> <li>* Important University Deadlines</li> <li>* Time/Life Management</li> </ul>	<ul style="list-style-type: none"> <li>* LGBT History Month</li> <li>* Collegiate Alcohol Awareness Week</li> </ul>	<ul style="list-style-type: none"> <li>* American Indian Heritage Month</li> <li>* Reflection and Giving Thanks</li> </ul>	<ul style="list-style-type: none"> <li>* Holidays around the world</li> <li>* Universal Human Rights Month</li> </ul>	<ul style="list-style-type: none"> <li>* Black History Month</li> <li>* Lunar New Year</li> </ul>	<ul style="list-style-type: none"> <li>* Women's History Month</li> </ul>	<ul style="list-style-type: none"> <li>* Sexual Assault/Domestic Violence Month</li> </ul>	<ul style="list-style-type: none"> <li>* Asian Pacific American Heritage Month</li> </ul>	<ul style="list-style-type: none"> <li>* Men's Health Month</li> </ul>		