Tips to Keep Cool without Air Conditioning

It is possible to stay cool and comfortable in your home during the warm summer months and save money with these tips:

• Close your blinds. Shutting your blinds and curtains during the day will help block the sun’s heat. As soon as the sun hits your building in the morning, close all windows and keep exterior doors and windows closed throughout the hottest part of the day.

• Open the windows at night so that the cooler night air is blowing in throughout the evening. Remember to close them before it gets hot in the morning.

• Set up your portable fan so that the fan sucks up cooler air from the floor below and blows hot air upwards towards the ceiling. Do not leave a fan on in an enclosed room when no one is present.

• Make a do-it-yourself air conditioner. Use one or more 2 liter water bottles and fill them mostly full of water (70%) and rock salt (10%). Leave 20% of the volume empty for expansion. Freeze the liquid in the bottles, then place them in a large bowl (to catch dripping condensation). Position a fan to blow on them. The water and salt in the bottles can be refrozen and used repeatedly.

Approved Air Conditioners

• Window air conditioning units are NOT allowed in Graduate and Family Housing. Room type air conditioning units may be utilized with prior approval from your Community Housing Office. Installation of room type air conditioning units must comply with the following:
  • Units must be contained within the apartment with no portion protruding from the windows or other openings.
  • Window screen must remain in place and intact.
  • Units are to be 120 volt, not to exceed 15 amps.
  • Student Housing is held harmless from any liability arising from installation.
  • The installation must not damage the property of the building or the property of its residents.
  • Upon vacating Graduate and Family Housing, it will be the responsibility of the resident(s) to have the fan or room air conditioner removed and the apartment returned to its original condition.

Parking Etiquette - Finding a good parking space can be a quite a challenge here at Palo Verde. With our crowded lots, we need every space available. Here are some tips for parking lot etiquette to ensure residents start and end their days on a positive note:

• Never speed in the lot — Palo Verde’s parking lots do have posted speed limit of 15mph, this is for the safety of pedestrians and other drivers, please note and obey them.

• Park only in designated spaces. Please observe the signs posted with times of operations. Failure to park according to the restrictions may result in a parking citation.

• Do not straddle a line and take up two spaces in a parking lot or garage.

• Try to park your car as centered and straight in a space as is possible to allow cars on both sides to park, and the drivers to get out of their cars safely.

• Do not force your car into a space that is too small. Over-hanging the stripes will tend to crowd the driver who parks in the adjacent space, and frequently leads to door dings in the paint of cars.

• Avoid parking at the end of an aisle or in a non-designated space next to the dumpsters where there is the additional exposure from vehicles turning.

• When backing out of a space, you must not only be aware of the clearances between your vehicle and the other vehicles to either side, but you must also be aware of cars and pedestrians that might drive or walk into your line of travel.

Accidents result when one vehicle scrapes another in narrow parking spaces. Some insurance companies require that any “hit and run” damage be reported to the police within 24 hours for the claim to be considered a hit and run and thus a “not at fault” accident.

If you accidentally damage someone else’s car and you do not know the owner of the car and they are not present at the time of the accident, do your best to find the car owner. If you cannot locate the owner, leave a note with your contact information as well as your insurance information under the windshield wiper of the car that you hit. By walking away, you could be opening yourself up to more consequences by having an at-fault accident on your record. File an Accident Reports with the UCIPD.

Please Keep Palo Verde Clean - Accumulation of trash and newspapers are both health and fire hazards. Please assist us with keeping our complex clean by:

Please place trash from your apartment in the garbage (beige) and recycling (blue) bins provided in the dumpster areas located in the parking lot. Trash bags are not to be left beside your front door, in any of the trash containers by the grills, mailbox areas, in laundry rooms, on stairways, on landings, or any other common areas other than in the dumpsters. If you are hosting an event in any of the Palo Verde community rooms, take your trash to the dumpster instead of leaving them in the event room. Set an example for others by using the trash and/or recycling receptacles and not littering.

Did you know that the smell of chocolate can help calm your nerves? Research shows that inhaling the fragrance of chocolate increases the amount of theta brain waves in the brain, which in turn promotes relaxation. Who’d have thought, the smell of chocolate is actually good for you!
• The average aluminum can in U.S. is far higher than glass oil, or nearly two days of all of 17 million barrels of crude oil, saving the energy equivalent it is one of the easiest ways to do that for you. Love yourself and be proud of everything that you do. Even mistakes mean you’re trying.” ~ Unknown

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great. ~ Mark Twain

To view the FIFA World Cup Viewing Schedule, please refer to page 3 of the PV Press listed below.

For more information, please visit: http://www.housing.uci.edu/housingOptions/Palo_Verde.html

"Bad decisions make great stories.” ~ Unknown

Thinking about getting Renter’s Insurance?

It’s easy to think a catastrophe will not happen to you, but financial disasters may be more common than you would think. Unfortunately, accidents do happen. One of the biggest mistakes that renters, who are victims of disasters or crimes find out after the fact, is that their landlord’s insurance did not cover their personal property.

Renters insurance is designed to cover the cost of replacing your belongings in the event of an accident, theft or natural disaster. Bundling your renters insurance with your other insurance policies can be an easy way to save on the cost of coverage. Check with your car insurance company to see if they offer renter’s insurance. Renters insurance is one of the items you should never cut from your budget.

Did you Know?

Americans recycled approximately 56 billion aluminum cans last year, increasing the recycling rate to 58 percent – saving the energy equivalent of 17 million barrels of crude oil, or nearly two days of all U.S. oil imports.

• Cans have the highest recycling rate of any beverage container in the U.S., far higher than glass and plastic.
• The average aluminum can is made from 68 percent total recycled content, the highest of any beverage container.
• Cans provide long shelf life by protecting products inside from light, oxygen and other factors which can affect taste and even product safety.
• Cans don’t shatter and are among the lightest beverage packages to transport, reducing their environmental footprint.
• Cans go from the recycling bin to store shelves within 60 days.
• Making cans from recycled metal takes 95 percent less energy and 95 percent less greenhouse gas emissions than using new metal.
• The aluminum can is the only package that more than covers its recycling costs, helping to finance the collection and recycling of other materials such as glass and plastic.

Please Recycle - Recycling it is one of the easiest ways consumers can help reduce their environmental footprint.


FREE Yoga For Graduate and Family Housing Residents this Summer!
Every Wednesday from July 11th through September 26th at 6pm in the PV Community Room
Palo Verde and Verano residents, partners, and friends - yoga is a convenient way to stretch and strengthen your body, focus your mind, relax, and get in a workout with your busy students. This class is suited for all levels and abilities, including beginners. Bring along an exercise mat or towel and a water bottle. Yoga is brought to you FREE of CHARGE as a part of PVRC’s and VRC’s community programming! Space may be limited so be sure to show up early for your first session and to sign a waiver for the ARC!

Feel free to contact PVRC@uci.edu with any questions. Like PVRC on facebook at facebook.com/PaloVerdeResidenceCouncil.

“Both optimists and pessimists contribute to our society. The optimist invents the airplane and the pessimist the parachute”. ~ Gil Stern

POST AND OR SEARCH FOR SUBLETS, FURNITURE, OFF-CAMPUS HOUSING, AND MORE!
The Anteater Housing Network, provides easy access to on and off-campus housing listings for students, and is a great place to advertise a sublease or search for a sublease and reach other UCI students. The site includes properties for rent and sale, as well as message boards to find roommates, sublets, buy/sell furniture, and more.

To place an advertisement on the Anteater Housing Network visit http://offcampus.housing.uci.edu/. Log-in with your UCI NetID and password to view listings. Guests access to the site is granted for a limited time for prospective students and other campus affiliates.

INSTEAAD OF THROWING IT OUT - DONATE IT! Please arrange for your large items to be given away, picked up, or taken to your favorite charity. DO NOT leave large items in or next to the dumpsters. To dispose of your large items, place them next to the large blue bin located just outside the laundry room near the 4400 building.

Goodwill placed donation bins around the community that are located next to the laundry rooms. These bins are for clothes and small items only. NO furniture or large items are to be placed near these bins.

PLEASE NOTE: There is a charge upon move out for removal of any items left behind by vacating residents.

COMING SOON
July 17 August 21 September 18

PV PICNIC AND A MOVIE

Take your kids swimming at the ARC
Summer is here and there is nothing more fun than spending time in the water. Bring your children for Family Swim time at the ARC. Children’s Swim Hours are Saturday and Sunday 8:30am - 4pm (Mon.-Fri. is ONLY during the summer) During Family Swim time, an adult member must accompany and supervise their children at all times.

Children Swim Time Policies
• Children’s non-swimming play activities shall be restricted to the shallow lanes and wading area.
• Children are allowed to swim laps in any of the lanes.
• Children wearing diapers must also wear leak proof plastic/rubber shorts.
• Toys and inflatable floatation devices are not permitted in the pool.


Swimming Lessons
The UC Irvine Campus Recreation is continuing to offer group and private swim instruction to dependents of UCI Students and their spouses at the Anteater Recreation Center pool. Parents/Legal Guardians must show a current UCI student ID or a valid ARC membership card when entering the ARC or signing up children for designated programs.

Children in the program must be between the ages of 3*-14. (* all children must be potty trained to participate in swim program.) For extra safety precautions, we require that parents/guardians remain on the pool deck at all times for the entirety of the lesson.

Visit current children’s swim hours and policies: http://www.campusrec.uci.edu/arc/hours.asp

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"Don’t be too hard on yourself. There are plenty of people willing to do that for you. Love yourself and be proud of everything that you do. Even mistakes mean you’re trying.” ~ Unknown

Yoga is brought to you FREE of CHARGE as a part of PVRC’s and VRC’s community programming! Space may be limited so be sure to show up early for your first session and to sign a waiver for the ARC!

### FIFA World Cup Russia 2018 Viewing Schedule

**Group Stage - Match 1 of 3**

14 June*
- Russia v. Saudi Arabia 8:00AM

15 June*
- Egypt v. Uruguay 5:00AM
- Morocco v. Iran 8:00AM
- Portugal v. Spain 11:00AM

16 June*
- France v. Australia 3:00AM
- Argentina v. Iceland 6:00AM
- Peru v. Denmark 9:00AM
- Croatia v. Nigeria 12:00PM

17 June*
- Costa Rica v. Serbia 5:00AM
- Germany v. Mexico 8:00AM
- Brazil v. Switzerland 11:00AM

18 June*
- Sweden v. South Korea 5:00AM
- Belgium v. Panama 8:00AM
- Tunisia v. England 11:00AM

19 June*
- Colombia v. Japan 5:00AM
- Poland v. Senegal 8:00AM

**Group Stage - Match 2 of 3**

19 June*
- Russia v. Egypt 11:00AM

20 June*
- Portugal v. Morocco 5:00AM
- Uruguay v. Saudi Arabia 8:00AM
- Iran v. Spain 11:00AM

21 June*
- Denmark v. Australia 5:00AM
- France v. Peru 8:00AM
- Argentina v. Croatia 11:00AM

22 June*
- Brazil v. Costa Rica 5:00AM
- Nigeria v. Iceland 8:00AM
- Serbia v. Switzerland 11:00AM

**Group Stage - Match 3 of 3**

23 June*
- Belgium v. Tunisia 5:00AM
- South Korea v. Mexico 8:00AM
- Germany v. Sweden 11:00AM

24 June*
- England v. Panama 5:00AM
- Japan v. Senegal 8:00AM
- Poland v. Colombia 11:00AM

25 June*
- Saudi Arabia v. Egypt 7:00AM
- Uruguay v. Russia 7:00AM
- Iran v. Portugal 11:00AM
- Spain v. Morocco 11:00AM

26 June*
- Australia v. Peru 7:00AM
- Denmark v. France 7:00AM
- Nigeria v. Argentina 11:00AM
- Iceland v. Croatia 11:00AM

27 June*
- South Korea v. Germany 7:00AM
- Mexico v. Sweden 7:00AM
- Switzerland v. Costa Rica 11:00AM
- Serbia v. Brazil 11:00AM

28 June**
- Senegal v. Colombia 7:00AM
- Japan v. Poland 7:00AM
- England v. Belgium 11:00AM
- Panama v. Tunisia 11:00AM

**Round of 16**

30 June*
- Match 50: Winner Group C v. Runner-Up Group D 7:00AM
- Match 49: Winner Group A v. Runner-Up Group B 11:00AM

1 July*
- Match 51: Winner Group B v. Runner-Up Group A 7:00AM
- Match 52: Winner Group D v. Runner-Up Group C 11:00AM

2 July*
- Match 53: Winner Group E v. Runner-Up Group F 7:00AM
- Match 54: Winner Group G v. Runner-Up Group H 11:00AM

3 July*
- Match 55: Winner Group F v. Runner-Up Group E 7:00AM
- Match 56: Winner Group H v. Runner-Up Group G 11:00AM

**Quarter-Finals**

6 July*
- Match 57: Winner Match 49 v. Winner Match 50 7:00AM
- Match 58: Winner Match 53 v. Winner Match 54 11:00AM

7 July*
- Match 60: Winner Match 55 v. Winner Match 66 7:00AM
- Match 59: Winner Match 51 v. Winner Match 52 11:00AM

**Semi-Final**

10 July***
- Match 61: Winner Match 57 v. Winner Match 58 11:00AM

11 July***
- Match 62: Winner Match 59 v. Winner Match 60 11:00AM

**Third place play-off**

14 July*
- Match 63: Loser Match 61 v. Loser Match 62 7:00AM

**Final**

15 July***
- Match 64: Winner Match 61 v. Winner Match 62 8:00AM

*PV Lounge/Conference Room
**PV Community Room
***PV Community Room & Lounge