Cooking Safety Tips - There are simple steps you can take to ensure that a fire caused by cooking can be avoided or, in the event that one does start, the danger and damage can be minimized.

Safety while cooking
- Remain in the kitchen when cooking, especially when frying, grilling, broiling or boiling food. Staying alert while cooking is also key.
- Keep children and pets away from cooking areas by creating a three-foot “kid-free zone” around the stove.
- Set alarms to remind you of cooking times, or simply to remind you that cooking is taking place.
- Keep cooking areas clean and clear of combustibles (i.e. potholders, towels, rags, drapes and food packaging). Be aware of what you are wearing. Loose fitting clothing and long hair can catch on fire.
- Turn pot handles away from the front of the stove to avoid someone bumping into them, or accidentally pulling them off the stove top.

Safety considerations for cooking with oil
- When cooking with oil, always increase heat slowly. When adding food, also do so slowly to avoid splatters.
- If you see smoke, take the food being cooked in oil off the heat immediately.
- Always keep the lid to your pot next to the stove while cooking. In the event of a fire, cover the pot immediately. Do not remove the lid, as the fire can start again.
- Never use a fire extinguisher or water to attempt to put out a grease fire! Grease fires can be put out with large amounts of baking soda.

What to Do if a Fire Starts
- If the fire is small and contained, you can use your fire extinguisher except when dealing with a grease fire. However, if the fire is not put out quickly, or if you are not confident, get out of the home and call 911.
- If you are fighting the fire with a fire extinguisher, instruct other members of the family to exit the home immediately. Always put safety first.
- If there is an oven fire, turn off the heat and keep the door closed to prevent flames from burning you and your clothing.

Additional Safety Measures
- Have a fire extinguisher in your kitchen and make sure that anyone who will be cooking knows how to use it.
- Never disable smoke alarms.
- Make sure that children old enough to cook know all of the safety measures and that exiting quickly in the event of a fire is key.
- Be careful to instruct children who are not yet ready for the responsibility of cooking to never use an oven, stove top or toaster if home without adult supervision.

PVRC ELECTIONS 2019-2020
Do you want to run for the Palo Verde Residents’ Council (PVRC)? Do you want more information on how to make that possible? PVRC enables Palo Verde residents to participate in community decision-making process and exercise oversight over fund appropriations for community events, improvements, etc. Now is your chance to become more involved in your community!

A Candidate’s Eligibility is Contingent on the Following Criteria:
- Residency in Palo Verde Housing since at least September of the current academic year
- Attendance of at least one public PVRC meeting
- Contacting the Election’s Commissioner to announce intention to run.

Information Sessions for Potential Candidates:
Wednesday, May 1st at 6:00pm, or Thursday, May 2nd at 6:00pm in the PV Clubhouse

Deadline for Announcing Intent to Run:
Saturday, May 4th at 5:00pm

Candidate Forum:
Thursday, May 9th at 6:00pm in the PV Lounge

Election:
Week of May 16th - May 18th

If you have any questions, contact the Elections Commissioner Rodolfo Lopez: rodolfal@uci.edu
Celebrate your fellow anteaters at our annual WhimCycle Festival of Bikes! Come learn about bike safety, eat delicious food and ice cream, race adult-sized tricycles, and win great prizes! Learn how to shift gears while riding with traffic, maintain your bike, change or patch a flat tire, and secure your bike by registering and locking it properly.

Learn more about different sustainable commuting options from representatives of the Orange County Transportation Authority (OCTA), Metrolink, and UCI Sustainable Transportation staff. Each time you learn something new, you will earn a ticket for food or for prize raffles!

Relive childhood dreams at the Tricycle Races! Enjoy riding around on trikes, big wheels, swing bikes, miniature bikes or race with friends and coworkers. All participants earn tickets. The winning team of each relay race gets an extra ticket! ReCycle Bike Fair - Buy a used bike or sell an old one! Recycled bikes will be sold at a low cost to students, faculty, and staff with their UCI identification card. No need to worry about registration – bikes will be registered on the spot! Limit one bike per person for the entire festival. Sale starts at 10am and ends when the bikes are sold out. Visit: https://bike.uci.edu/events/whimcycle/

“People are like stained-glass windows. They sparkle and shine when the sun is out, but when darkness sets in, their true beauty is revealed only if there is a light from within.” ~ Elisabeth Kubler-Ross

---

**Bike Tagging and Removal** - In a continuing effort to create more space at the bike racks for residents, UCI Transportation and Distribution Services staff will begin to place a tag on all bike racks throughout the 8100 – 8800 buildings between the hours of 8:00am to 12:00pm. In order to avoid your bike from being impounded, simply remove the tag and enjoy your ride. Only remove the tag from your bike(s).

The purpose of the bike sweep is to identify and remove all bikes that are inoperable or that have been abandoned. This includes but is not limited to bikes with flat tires, rust, missing parts, and parked illegally. Bikes that are an immediate public safety issue ie: parked on disabled access ramps, stairwells, parking stalls or anything that impedes pedestrian or vehicular traffic will be impounded. Similarly, if your bike is locked to a railing or stairs, it may be impounded.

The UCI Transportation and Distribution staff will be wearing uniforms as shown and will be able to provide identification if requested. They will return to begin the process of impounding bikes. Specific times will be provided for the removal.

If you witness suspicious activity at bike racks outside of the planned bike sweep area, contact UCIPD immediately at 949-824-5223.

Please call the Palo Verde Office at 949-824-8918 with any questions or concerns.

**Palo Verde Playgroup** - Every Thursday from 3:30pm - 6:30pm in the PV Community Room

This playgroup is a free playtime for children of all ages that live in Palo Verde and Verano. The adults get a chance to connect and socialize (and relax) with other parents/guardians/babysitters. There will be light snacks for the children and coffee and tea for the adults.

Childcare service is not provided. Thank you for remaining with the children you bring to the playgroup.

Everyone is welcome and it is FREE! Hope to see you there!

Should you require accommodations for this or any PV event or program, please contact sherwook@uci.edu

---

**PV Picnic and a Movie**

<table>
<thead>
<tr>
<th>May 21</th>
<th>June 18</th>
<th>July 16</th>
<th>August 20</th>
<th>September 17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coco</td>
<td>Jumanji</td>
<td>Wonder</td>
<td>Ghostbusters</td>
<td>Justice League</td>
</tr>
</tbody>
</table>

---

**Free Yoga For Graduate and Family Housing Residents**

Classes will be held every Wednesday at 6pm in the PV Community Room.

Join Palo Verde and Verano residents, partners, and friends and become one of our yoga regulars! This is a great, way to get your workout in with your busy schedule. This class is suited for all levels and abilities, including beginners.

Bring along an exercise mat or towel and a water bottle.

These 10 sessions are brought to you FREE of CHARGE as a part of PVRC’s and VRC’s community programming!

Be sure to show up early as space may be limited and for your first session to sign a waiver for the ARC.

Feel free to contact pvrc@uci.edu with any questions.

Like PVRC on Facebook at facebook.com/PaloVerdeResidentsCouncil.

---

**International Coffee Hour**

Every Friday from 11am - 12:30pm

Science Library Room #193

Center for Excellence in Writing and Communication

Come enjoy some great company and conversations over some light refreshments!

This is an opportunity to meet new friends from across the UCI campus and the world in a casual and comfortable environment.

For any questions, visit: www.ic.uci.edu or e-mail icprograms@uci.edu

---

For more information, please visit: http://www.housing.uci.edu/housingOptions/Palo_Verde.html